

INDIVIDUAL MEDICAL READINESS

IMR CLASSIFICATIONS

1. **Fully Medically Ready** – Current in all six elements
2. **Partially Medically Ready** – Lacking any readiness laboratory studies
3. **Not Medically Ready** – Dental Class 3 or with a deployment limiting condition
4. **Medical Readiness Indeterminate** – Overdue PHA or Dental Class 4

ELEMENTS OF READINESS

1. Periodic Health Assessment (PHA)

The PHA is an annual assessment of the IMR of service members and will be performed within 30 days of each service member's birth month. This service is provided on a walk in basis during normal working hours.

2. Dental Readiness

A service member who is dental class 1 or 2 is worldwide deployable. A service member who is dental class 3 or 4 is considered at increased risk to experience a dental emergency and is not deployable. Annual recalls (Type 2 dental examinations) should be synchronized to the greatest extent possible with the PHA.

3. Readiness Laboratory Studies

The basic laboratory studies required for a service member to be deployable are: blood type and Rh factor, G6PD status (normal/deficient), DNA specimen on file, and HIV antibody. The tuberculin skin test shall also be completed at this time.

4. Immunizations

During the PHA, immunization status will be updated to ensure all booster immunizations coming due during the subsequent year are administered at the time of the PHA. Service members shall have the following immunizations or have the appropriate medical and/or administrative exemption documented in their health record: Hepatitis A, Hepatitis B (if initiated), Polio Vaccine (IPV), Tetanus/diphtheria/pertussis or Tetanus/diphtheria, Measles/Mumps and Rubella (MMR) and influenza. Service members may require additional immunizations based on geographic area or other requirements.

5. Individual Medical Equipment

All service members who require vision correction (20/40 or worse) are required to have two pair of glasses. Those service members under orders for deployment will possess gas mask inserts for the model of gas mask in use at their deployment site. Prescriptive inserts for ballistic eyewear will be issued if required.

6. Deployment Limiting Conditions

Deployment limiting conditions are those medical and dental conditions that would make a member unsuitable to perform their duties in a deployable status. A medical condition is considered deployment limiting if:

- a. The condition is of such a nature or duration that an unexpected worsening or physical trauma is likely to have a grave medical outcome or negative impact on mission execution.
- b. The condition is not stable and reasonably anticipated by the pre-deployment medical evaluator to worsen during the deployment, in light of physical, physiological, psychological and nutritional effects of the duties and location.
- c. It is anticipated that the condition will require ongoing health care or medications needed for the duration of the deployment that may not be available in theater within the Military health System for DoD personnel.
- d. The condition requires medication that has special handling, storage or other requirements.
- e. There is a need for, or anticipation of a need for duty limitations that preclude performance of duty or an accommodation imposed by the medical condition that would hinder job performance.
- f. There is a need for routine evacuation out of theater for continuing diagnostics or other evaluations.

Service members on limited duty (LIMDU), under a Medical Evaluation Board Report (MEBR), or a Physical Evaluation Board Report (PEBR) are considered to have deployment limiting conditions. Service members hospitalized or convalescing from serious illness or injury expected to require greater than 90 days for full recovery shall be placed on LIMDU.